

New Year, New You - Quick Tips

As we start the New Year, make a resolution to waste less! Reducing your waste doesn't have to be an all or nothing goal. Swapping one habit for another is all it takes to start living a more waste-free, friendly lifestyle!

Waste Less Food

- [Learn how to compost at home](#)
- Participate in a food scraps drop off program
- Participate in a residential food scraps collection program
- Get creative with your food - think about the food you are throwing away and how you might be able to [cook with it](#).
- [Learn about New York State's upcoming Food Donation & Food Scraps Recycling Law](#)

Use Less Single Use Plastic

- Bring your own reusable bag with you while shopping
- Pack a reusables on the go kit and stow it in your car, backpack, purse or other travel bag - reusable mug, water bottle, to go container, shopping bag, etc.
- Skip the straw or sip through a reusable
- Reflect on where you use plastic in your life and start making small changes - swap out the single use coffee cup for a reusable mug, shampoo bottle for shampoo bar, etc.
- Go for the gold and participate in Plastic Free July