



OUTDOOR SUMMER SWIM LESSONS



Learn to swim with the Y! Swim lessons are available for ages 6 months and older. Lessons are offered at Highland Park. To choose the correct swim class for your child, please use this guide.

Swim Starters: Ages 6 months to 3 years, must be accompanied by a parent in the water. If your child is brand new to swim starters, please choose option A.

Swim Basics: Students learn personal water safety & achieve basic swimming competency. Progressing through levels 1,2,3.

Swim Strokes: Students learn additional water safety skills and build stroke technique. Progressing through levels 4,5,6.

Introduction to Competitive Swim: An introductory course to competitive swimming and will introduce stroke refinement, racing starts, turns, conditioning and endurance. 7 years+

**REGISTRATION
OPENS MAY 27**

Session One
registration
closes on
July 8

Session Two
registration
closes on
August 5

Complete the information below

Please fill out the information below if you/your child has not participated in a program at the Y or if your information has changed since you last registered for a program

Name: _____ DOB: _____ Age: _____

Address: _____ City: _____

State: _____ Zip: _____ Phone: _____

Parent/Guardian Name: _____ Email: _____

Fee: \$88

Site Location: _____ Highland Park

Session(s) select the session(s) you are registering for:

Check if registered over the phone

Session One Dates: _____ July 11-14 and July 18-21

Session Two Dates: _____ August 8-11 and August 15-18

Participant or Parent/Guardian signature if under 18 years of age: In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself and for my child, waive and release any and all rights, including use of photography, video, or audio, and claims for damages I may have against the YMCA of Broome County, their representatives, successors, and assignees for any injuries suffered by me in the YMCA programs.

Signature: _____ Date: _____

SCHEDULE:

Registration Opens May 27

Session One

registration closes on July 8

Session Two

registration closes on August 5

DATES:

July 11-14 and July 18-21

August 8-11 and August 15-18

TIMES:

10:30am-12:30pm

Kids per lesson:

10 Swim Starters

4 Swim Basic

6 Swim Stroke

8 Competitive

CONTACT:

Madison Saleman

Aquatics Director

607-770-9622 ext. 406

MSaleman@ymcabroome.org

OUTDOOR SUMMER SWIM LESSONS

____ July 11-14 and July 18-21 ____ August 8-11 and August 15-18

To select a class, please circle which class and time you would like to attend. Classes are Monday— Thursday

HIGHLAND PARK

Swim Starters, 6m-3yrs

10:30-11:00am

11:10-11:40am

Swim Basics, 3-5yrs

10:30-11:00am

11:10-11:40am

11:50am-12:20pm

Swim Strokes, 5-12yrs

10:30-11:00am

11:10-11:40am

11:50am-12:20pm

Competitive

11:50am-12:20pm



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

How to choose from Swim Basics or Swim Strokes:

If your child cannot yet:

- go under water voluntarily
- Float on his/her back without a flotation device
- Swim 10 yards without flotation device, register for Swim Basics